

EVERYBODY'S GOT SOMETHING TO OFFER

USE YOUR TIME, PASSION, SKILLS AND WILLINGNESS TO HELP TO ADDRESS NEW YORK CITY'S MOST PRESSING NEEDS

In 22 minutes, you can learn to
protect your family and friends

with

CPR



FREE CPR TRAINING

¡Programas de capacitación están también disponibles in español!

With CPR Training, You Can:

- Double the chances of someone surviving cardiac arrest.
- Keep blood flowing to the heart and brain until an ambulance arrives.
- Save a loved one's life.
- Pledge to educate others about CPR.

WE COME TO YOU!

If you know of a community group interested in hosting a CPR Training event, please contact the FDNY Mobile CPR Unit at:

(718) 281-3888 or nyc.gov/fdny/cpr



NYC Service

