2022-2023 NYCHA Health Corps
Member Position Description

Host Site Name: East New York Restoration LDC

Position Title: Community Health Champion

Location: 1159 Elton Street, Brooklyn and NYCHA Pink Houses

Tentative Schedule: Monday-Friday 9:30-5:30 with occasional evenings and week ends

# of member Slots in this Position: 2

Need for the specific project on which AmeriCorps Member is serving:

Residents of NYCHA developments in East New York suffer from high rates of diabetes, obesity and heart disease. They report low levels of regular physical activity, which could impact on these chronic diseases. The impact of COVID 19 has resulted in increased social isolation. Due to the lack of access to the internet, residents need assistance to link them to available social services.

There needs to be increased outreach to residents to inform them of healthy aging activities; assistance in accessing social benefits; and tracking to show how this help generates better health outcomes. The Community Health Champion will work to better serve and educate NYCHA communities on East New York Restoration LDC programming such as the healthy aging program.

Expectations and Goals for the specific project on which AmeriCorps Member is serving:

As a key team member, the Community Health Champion will work to support East New York Restoration LDC Healthy aging program and Pink Houses. Specifically:

- There will be a 20% increase in participation in healthy aging programs
- Providing at least Fifty community residents with assistance in accessing social benefits
- The planning and organizing of the Diabetes Health Fair at the Pink Houses in the spring
**Member Position Summary:**

The AmeriCorps Community Health Champions will promote healthy activities offered in the different community centers by outreach at different community meetings. They will spend 50% of their time assisting fitness instructors with sign in sheets, helping residents access social benefits, conducting health access community education sessions and workshops, and helping residents track their health statistics over the year as they engage in increased exercise. They will spend 50% of their time organizing a Diabetes Health Fair and researching how the built environment can be changed to encourage increased physical activity.

**Detailed Tasks:**

- Conduct outreach via phone calls, text messages and participate in street canvassing and in person events on health-related issues.
- Conduct screenings and referrals to community resources for community members.
- Ensure updated knowledge of the most current information related to COVID-19.
- Conduct health access community education sessions and workshops.
- Collect feedback from community events, both virtual and in person.
- Maintain all data tracking systems updated daily.
- Work with other staff to envision and implement ways to support and mobilize around health-related issues.
- Work with staff to identify health issues of concern and develop strategy/carry out initiatives to solve systemic issues in the health system.

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**Required Skills for AmeriCorps Members (set for all program members):**

- Strong commitment to national service and the mission of the host site
- Desire to work in the non-profit sector
- Desire to serve with diverse communities
- Excellent organizational and communication skills
- Ability to conduct community outreach and make presentations to community groups
- Willingness to take initiative to achieve goals
- Strong project management/multi-tasking abilities
- A clear plan for living on the AmeriCorps stipend in New York City
- Availability to lead and/or attend events during evening and weekend hours (frequency varies by position)
• Minimum high school diploma or equivalency
• Ability to pass a criminal background check
• US Citizen or lawful permanent resident (AmeriCorps regulations)

Preferred Academic or Experience Qualifications, Knowledge, Skills, and Abilities:
• Comfortable with community members of diverse backgrounds
• Willing to train as a Community Health Member
• Basic computer literacy
• Some college, or looking to further their education in public health related fields

*Please note: The duties and responsibilities in this service position description may be subject to change. In the rare event that there are any changes, members will be notified prior to beginning the service year and the position description will be amended. All changes will be reviewed and approved in advance by NYC Service.